

SUMMER 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 – 6:50			Sunrise Yoga Megha 1 pt				
9:00 – 9:50	Macumba Dominique 1 pt	Yoga Energy Megha 1 pt				Folklorico (Spanish) Jenny (9:00-10:20) 1.5 pts	
10:00 – 10:50	TurboKick® Denise 1 pt	Macumba Dominique 1 pt	TurboKick® Denise 1 pt	Zumba® Denise 1 pt	PiYo™ Sky 1 pt	* Vinyasa Yoga Nick (10:30-11:45) 1.5 pts	
11:00 – 11:50				PiYo™ Denise 1 pt	TurboKick® Sky 1 pt		
12:00 – 12:50			PiYo™ Denise 1 pt	Bollywood Riha 1.5 pts	Macumba Dominique 1 pt	Flamenco² Sarah M. (12:30-2:00) 2.5 pts	MMA Bootcamp Denise (12:00-12:50) (Starts July 18) 1 pt
2:30 – 3:30	World Dance (ages 4-6) Denise 2.5 pts		Spanish Immersion: Fiesta Latina (ages 4-6) Denise 2.5 pts				
3:30 – 4:20							
4:30 – 5:20	Bharatanatyam Khurshid 1.5 pts	Capoeira Sonya 1.5 pts	Hip Hop (Starts July 14) Q 1.5 pts	Fiesta Latina (Spanish) Denise 1.5 pts	Flamenco Fusion (Spanish) Denise (Start TBD) 1.5 pts	Guest Workshops: Check Calendar Online	Hip Hop: Find your Beat Ting Ting (4:00 – 4:50) 1.5 pts
5:30 – 6:20	Cardio Bhangra Bhavana/Denise 1 pt	Zumba Lisa 1 pt	Cardio Hip Hop Q 1 pt	Capoeira Susie 1 pt	Zumba® Lisa 1 pt		* Vinyasa Yoga Nick (5:00 – 6:15) 1.5 pts
6:30 – 7:20	PiYo™ Amy 1 pt	TurboKick® Denise 1 pt	Ballet Tone Amy 1 pt	TurboKick® Sky 1 pt	PiYo™ Amy 1 pt		Macumba Dominique (6:30 – 7:20) 1 pt
7:30 – 8:20	Hip Hop Basics: Beginners Q (7:45-8:35) 1.5 pts	Yoga Energy Megha 1 pt	Country Line Dancing Sarah H. 1.5 pts	Beg. Flamenco Gelsomina 2.5 pts	Salsa/Bachata Team Yemaya Salsa Dance Co. Monthly Membership		
8:30 – 9:20	Belly Dance Techniq Crystal (8:45-9:35) 1.5 pts	Latin Club 101 Denise/Mike 1 pt	Macumba Elena 1 pt	Fiesta Afrolatina Denise 1.5 pts			
9:30 – 10:20	Pro Belly Dance Training Crystal (9:35-10:25) 1.5 pts		Hip Hop Style & Technique Q 1.5 pts	Gypsy Routes Denise 1.5 pts			